



## Join the Effort: Become a Forefront Peer Trainer!

Are you passionate about mental health? Want to support your peers and help create a safer, more connected school community? Consider becoming a **Forefront Peer Trainer** at H.M. Jackson High School!

## What is Forefront in the Schools?

*Forefront in the Schools* is a suicide prevention and mental health program that empowers students, staff, and families with the tools to support emotional well-being and prevent suicide. As a **Peer Trainer**, you'll be part of a team that:


- **Leads peer workshops and discussions** on mental health
- **Teaches others** how to recognize signs of emotional distress
- **Encourages** safe, open conversations about suicide prevention
- **Helps connect students** with trusted adults and support resources

## Why Join?

- **Make an Impact:** Be a voice of hope and support for your school.
- **Grow as a Leader:** Strengthen your skills in communication, empathy, and public speaking.
- **Learn and Serve:** Gain real-world experience in mental health advocacy – and earn community service hours.
- **Be Part of the Movement:** Help change the way your school talks about mental health.

## Want to Learn More?

Come to an **informational session** at **2:15 pm** on **Tuesday, June 3rd** in **Room C247**.

- No pressure to sign up — just come see what it's all about.
- Applications and training will begin in September.
- RSVP here 



**Be the Change. Start the Conversation. Save a Life.**